

## SELECTING A SPONSOR

In preparation for Confirmation, you are asked to choose a sponsor--"a spiritual friend"--to help you take this important step. A sponsor should be someone with whom you can easily talk; someone who models the Catholic faith for you. It is important to select a sponsor who is an example of faith and with whom you can communicate. If they are not local, you'll need to be able to ensure that they can be in communication with you and willing to be a part of your life. If your sponsor is not in the local area, a confirmed adult must work with you as a proxy.

Requirements for being a sponsor:

- May not be one of the candidate's parents (Code of Canon states that a parent cannot be the sponsor for their own child for Confirmation).
- Must be 16 years or older at the time of the Confirmation Mass.
- Must have received the Sacraments of Initiation (Baptism, Eucharist, and Confirmation)
- Must be a practicing Catholic who faithfully attends Mass on Sundays and all Holy Days and leading a life based on Catholic Moral Principles.
- If married, they must have been married in the Catholic Church.

The Sponsor Certificate is on the next page. Please encourage your child to prayerfully discern who they would like to have as their Confirmation sponsor. If they are unable to attend the Confirmation ceremony, another adult may stand in as their proxy (that adult must also get a sponsor certificate signed).

Sponsor Certificates are not required if the sponsor is a parishioner at St. Luke. If the sponsor is a St. Luke parishioner, please send their name to [pslusser@saintlukemclean.org](mailto:pslusser@saintlukemclean.org) by March 1, 2024.

**The Sponsor Certificate/Name of the Sponsor should be returned to the Religious Education Office by March 1, 2024.**

St. Luke Catholic Church  
Religious Education Office  
7001 Georgetown Pike McLean, Virginia 22101  
Phone 703-356-8419

**SPONSOR CERTIFICATE FOR CONFIRMATION**

Confirmation Candidate's Name: \_\_\_\_\_

Sponsor's Name: \_\_\_\_\_

**ELIGIBILITY REQUIREMENTS FOR A SPONSOR**

- May not be one the candidate's parents (Code of Canon states that a parent cannot be the sponsor for their own child for Confirmation).
- Must be 16 years or older at the time of the Confirmation Mass.
- Must have received the Sacraments of Initiation (Baptism, Eucharist and Confirmation)
- Must be a practicing Catholic who faithfully attends Mass on Sundays and all Holy Days, and leading a life based on Catholic Moral Principles.
- If married, I was married in the Catholic Church.

I, \_\_\_\_\_, affirm I fully meet the above eligibility  
Sponsor's Printed Name  
requirements to stand as Sponsor for the above-named Candidate.

Sponsor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Home Address: \_\_\_\_\_  
Street Address City State Zip Code

Contact Phone Number: \_\_\_\_\_

Full home parish name and address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Priest/Deacon Signature of Sponsor's Home Parish

Seal of the Sponsor's Home Parish

\_\_\_\_\_  
Date

Please return to St. Luke Catholic Church Religious Education Office 7001 Georgetown Pike McLean, VA 22101